

Go Figure

30 minute Fitness Circuit for Women
315 Deer St. Manistique, Mi.
906 341-4141

All Memberships include:

- ★ Unlimited visits
- ★ Body composition measurements
- ★ Blood pressure checks
- ★ Pulse monitoring
- ★ Personal circuit training
- ★ Friendly social atmosphere
- ★ Staffed by certified fitness trainers

“Come dressed for success:
sweats, tennies, &
a sense of humor!”

Monday-Friday 6:00 am-7pm Sat. 9am-2:30pm

SPECIAL

Offering a 'special' membership for state employees
showing their state ID:

LESS than \$1.00 a day—\$85.00
Unlimited visits for 3 months.

(Regular membership rates \$99 annual fee + \$30 monthly fees;
\$55 for one month guest membership; \$5 for one day pass)

AIR BRUSH Tanning
Ask about
Special rates

Also ask about
ACUPUNCTURE
for chronic pain, stress
& weight loss.